

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, January 11, 2021

Italian Wedding Soup ... 8oz/\$1.31 or ...  
Chicken and Poblano Pepper Soup ... 12oz/\$1.84  
Salami, Cheese, & Roast Pepper Panini ... \$3.68  
Chicken Enchilada Casserole ... \$3.68  
Pinto Beans ... \$1.05  
Cole Slaw ... \$1.05  
Roasted Veggies ... \$1.05  
Steamed Veggies ... \$1.05  
Sweet Potato Fries ... \$1.31

### Tuesday, January 12, 2021

Broccoli Cheese Soup ... 8oz/\$1.31 or ...  
Split Pea with Ham ... 12oz/\$1.84  
Citrus Salmon/WB ... \$4.73  
Broccoli Beef ... \$3.94  
Brown Rice/WB ... \$1.05  
Sweet Potatoes ... \$1.05  
Roasted Veggies ... \$1.05  
Steamed Veggies/WB ... \$1.05  
Pork Potstickers ... \$1.58/3 or \$3.15/6

### Wednesday, January 13, 2021

Chicken with Wild Rice Soup ... 8oz/\$1.31 or ...  
Butternut Squash Soup ... 12oz/\$1.84  
Baked Potato w/2 toppings ... \$3.68  
(Ham, Bacon, Corn or Broccoli)  
Cabbage Roll ... \$3.68  
Garlic Mashed Potatoes ... \$1.05  
Roasted Broccoli ... \$1.05  
Steamed Corn ... \$1.05  
Cheese Quesadilla ... \$1.58

### Thursday, January 14, 2021

Southwest Tortilla Soup ... 8oz/\$1.31 or ...  
Roasted Red Pepper Gouda Bisque ... 12oz/\$1.84  
Rotisserie Season Chicken Breast/WB ... \$3.68  
Cheese Tortellini with Marinara ... \$3.15  
Roasted Root Veggies & Kale/WB ... \$1.05  
Garlic Toast ... \$1.05  
Roasted Veggies ... \$1.05  
Steamed Veggies/WB ... \$1.05  
Pizza ... \$3.68

### Friday, January 15, 2021

Loaded Potato Soup ... 8oz/\$1.31 or ...  
Wild Mushroom Bisque ... 12oz/\$1.84  
Lemon Pepper Cod ... \$4.20  
Roast Beef & Cheddar Panini ... \$3.94  
Brown Rice ... \$1.05  
Roasted Veggies ... \$1.05  
Steamed Veggies ... \$1.05  
Tater Tots ... \$1.31

### Grab-N-Go Options for the Week

Turkey Swiss Sub ... \$3.68  
Tortellini Salad ... \$2.10  
Spinach Salad ... \$2.10

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-2:00pm

# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### **Monday, January 11, 2021**

Scrambled Eggs ... \$1.58  
Oatmeal ... \$1.31  
Bacon ... \$0.32  
Sausage ... \$0.32  
Turkey Sausage ... \$0.32  
Fresh Fruit ... \$0.53  
French Toast Sticks (3) ... \$1.05  
Ham & Cheese Omelet ... \$2.63  
Vegetable Omelet ... \$2.63  
Hash Brown Triangle ... 1/\$1.05 or 2/\$1.58  
Assorted Bakery ... \$1.05

### **Tuesday, January 12, 2021**

Scrambled Eggs ... \$1.58  
Oatmeal ... \$1.31  
Bacon ... \$0.32  
Sausage ... \$0.32  
Turkey Sausage ... \$0.32  
Fresh Fruit ... \$0.53  
Breakfast Pizza ... \$2.63  
Pannukakku ... \$2.89  
Cubed Hash Brown Potatoes ... \$1.58  
Danish ... \$1.05

### **Wednesday, January 13, 2021**

Scrambled Eggs ... \$1.58  
Oatmeal ... \$1.31  
Bacon ... \$0.32  
Sausage ... \$0.32  
Turkey Sausage ... \$0.32  
Fresh Fruit ... \$0.53  
Scrambled Egg Muffins (2) ... \$2.10  
Baked Oatmeal ... \$2.36  
Corned Beef Hash ... \$2.10  
Scone ... \$1.58

### **Thursday, January 14, 2021**

Scrambled Eggs ... \$1.58  
Oatmeal ... \$1.31  
Bacon ... \$0.32  
Sausage ... \$0.32  
Turkey Sausage ... \$0.32  
Fresh Fruit ... \$0.53  
Sausage and Cheese Biscuit ... \$1.58  
Biscuit with Gravy ... \$1.58  
Hash Brown Triangle ... 1/\$1.05 or 2/\$1.58  
Donut ... \$1.58

### **Friday, January 15, 2021**

Scrambled Eggs ... \$1.58  
Oatmeal ... \$1.31  
Bacon ... \$0.32  
Sausage ... \$0.32  
Turkey Sausage ... \$0.32  
Fresh Fruit ... \$0.53  
English Muffin or Bagel Sandwich ... \$2.36  
Egg White Flat Bread Sandwich ... \$2.89  
Cheesy Potatoes ... \$1.58  
Assorted Pastries ... VAR

### **Grab-N-Go Options for the Week**

Turkey Swiss Sub ... \$3.68  
Tortellini Salad ... \$2.10  
Spinach Salad ... \$2.10

### **Café Hours**

Breakfast—7:00am-10:30am  
Lunch—11:00am-2:00pm