

UP Health System/Portage Café

Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

Monday, October 28, 2019

Chicken Noodle Soup ... 8oz/\$1.25 or ...
Garden Vegetable Soup ... 12oz/\$1.75
Hot Dogs ... \$3.00
Seasoned Beef Brisket ... \$3.75
Baked Beans ... \$1.00
Garlic Mashed Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Sweet Potato Waffle Fries ... \$1.25

Tuesday, October 29, 2019

Tomato Basil Soup ... 8oz/\$1.25 or ...
Loaded Baked Potato Soup ... 12oz/\$1.75
Pork Fried Rice ... \$3.50
Roast Turkey/WB ... \$3.50
w/Gravy
Roasted Root Veggies with Kale/WB ... \$1.00
Stuffing ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Egg Roll ... \$1.50

Wednesday, October 30, 2019

Broccoli Cheese Soup ... 8oz/\$1.25 or ...
Stuffed Pepper Soup ... 12oz/\$1.75
Pesto Feta Turkey Burger ... \$3.50
Italian Herb Chicken Breast ... \$3.50
Cole Slaw ... \$1.00
Roasted Potatoes ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Baked Sweet Potato Wedges ... \$1.25

Thursday, October 31, 2019

Split Pea with Ham Soup ... 8oz/\$1.25 or ...
Butternut Squash Soup ... 12oz/\$1.75
Chicken & Cheese Quesadilla ... \$3.50
Lemon Pepper Cod/WB ... \$4.00
Orzo Pasta with Lemon & Kale/WB ... \$1.00
Potato Salad ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies/WB ... \$1.00
Chicken Tenders ... \$3.50

Friday, November 01, 2019

(Closed after 2:00pm)

Chicken & Wild Rice Soup ... 8oz/\$1.25 or ...
Red Pepper & Smoked Gouda Soup ... 12oz/\$1.75
Cheeseburger ... \$3.50
Salmon w/Sundried Tomato Pesto ... \$4.50
Vegetarian Burger ... \$3.50
Wild Rice Blend ... \$1.00
Roasted Veggies ... \$1.00
Steamed Veggies ... \$1.00
Onion Rings ... \$1.25

Grab-N-Go Options for the Week

Roast Beef & Cheddar on Sourdough ... \$3.50
Broccoli Bacon Salad ... \$2.00
Chicken Jalapeno Pinwheel ... \$2.00

Café Hours

Breakfast—7:00am-10:30am
Lunch—11:00am-1:30pm
Dinner—5:00pm-6:30pm

UP Health System/Portage Café

Breakfast Menu

Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries

Monday, October 28, 2019

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Turkey Sausage ... \$0.30
Fresh Fruit ... \$0.50
Egg White Flat Bread Sandwich ... \$2.75
Breakfast Casserole ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Cherry Turnover ... \$1.50

Tuesday, October 29, 2019

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Turkey Sausage ... \$0.30
Fresh Fruit ... \$0.50
English Muffin or Bagel Sandwich ... \$2.25
Croissant Sandwich ... \$2.75
Baked Oatmeal ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
House Made Bread ... \$1.00

Wednesday, October 30, 2019

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Turkey Sausage ... \$0.30
Fresh Fruit ... \$0.50
Ham & Cheese Omelet ... \$2.50
Vegetable Omelet ... \$2.50
Cubed Hash Brown Potatoes ... \$1.50
Scone ... \$1.50

Thursday, October 31, 2019

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Turkey Sausage ... \$0.30
Fresh Fruit ... \$0.50
French Toast Sticks (3) ... \$1.00
Scrambled Egg Muffins (2) ... \$2.00
Cheesy Potatoes ... \$1.50
Donut ... \$1.00

Friday, November 01, 2019

Scrambled Eggs ... \$1.50
Oatmeal ... \$1.25
Bacon ... \$0.30
Sausage ... \$0.30
Turkey Sausage ... \$0.30
Fresh Fruit ... \$0.50
Breakfast Pizza ... \$2.50
Corned Beef Hash ... \$2.25
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50
Assorted Pastries ... VAR

Grab-N-Go Options for the Week

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