

# UP Health System/Portage Café

## Lunch/Dinner Menu

Served Daily: *Soup of the Day & Fresh Salad Bar*

### Monday, January 7, 2019

Chicken Noodle Soup ... 8oz/\$1.25 or ...  
Vegetarian Cream of Potato Soup ... 12oz/\$1.75  
BBQ Bacon CheeseBurger ... \$4.50  
Chicken Cordon Blue ... \$3.50  
Brown Rice ... \$1.00  
Garlic Mashed Potatoes ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Tater Tots ... \$1.25

### Tuesday, January 8, 2019

Chicken with Wild Rice Soup ... 8oz/\$1.25 or ...  
Roasted Red Pepper & Gouda Soup ... 12oz/\$1.75  
Sesame Chicken Breast/WB ... \$3.50  
Sloppy Joe ... \$3.75  
Mashed Sweet Potatoes/WB ... \$1.00  
Baked Beans ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Grilled Cheese ... \$2.50

### Wednesday, January 9, 2019

Chicken Fiesta Soup ... 8oz/\$1.25 or ...  
Wisconsin Cheese Soup ... 12oz/\$1.75  
Fajita Bar with Chicken ... \$3.50  
Fajita Bar with Steak ... \$3.75  
Spanish Rice ... \$1.00  
Pinto Beans ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Chips with Queso Dip ... \$1.25

### Thursday, January 10, 2019

Italian Wedding Soup ... 8oz/\$1.25 or ...  
Broccoli Cheese Soup ... 12oz/\$1.75  
Teriyaki Pineapple Turkey Burger ... \$3.50  
Lemon Pepper Salmon/WB ... \$4.50  
Chipotle Red Quinoa Pilaf/WB ... \$1.00  
Cole Slaw ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies/WB ... \$1.00  
Sweet Potato Fries ... \$1.25

### Friday, January 11, 2019

*(Closed after 2:00pm)*

Homemade Mushroom Barley Soup ... 8oz/\$1.25 or ...  
Clam Chowder Soup ... 12oz/\$1.75  
Pork Chop Suey ... \$3.00  
Tuna Melt ... \$3.00  
White Rice ... \$1.00  
Garlic Toast ... \$1.00  
Roasted Veggies ... \$1.00  
Steamed Veggies ... \$1.00  
Egg Roll ... \$1.50

### Grab-N-Go Options for the Week

BLT Wrap ... \$3.50  
Cranberry Cashew Salad ... \$2.00  
Veggie Pepper Jack Pinwheels ... \$2.00

### Café Hours

Breakfast—7:00am-10:30am  
Lunch—11:00am-1:30pm  
Dinner—5:00pm-6:30pm

# UP Health System/Portage Café

## Breakfast Menu

**Served Daily: Apples, Oranges, Bananas, Yogurt, & Assorted Pastries**

### Monday, January 7, 2019

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
Baked Oatmeal ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Baked Trail Mix Bar ... \$1.50

### Tuesday, January 8, 2019

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Egg White Bake ... \$3.00  
Grilled Bacon and Cheese ... \$2.50  
Hash Brown Patty ... \$1.00/1 or \$1.50/2  
House Made Bread ... \$1.00

### Wednesday, January 9, 2019

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Everything Scramble ... \$2.25  
Apple Baked Oatmeal ... \$2.25  
Cubed Hash Brown Potatoes ... \$1.50  
Scone ... \$1.50

### Thursday, January 10, 2019

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
Ham and Cheese Omelet ... \$2.50  
Veggie Omelet ... \$2.50  
Corned Beef Hash ... \$2.00  
Hash Brown Patty ... 1/\$1.00 or 2/\$1.50  
Donut ... \$1.00

### Friday, January 11, 2019

Scrambled Eggs ... \$1.50  
Oatmeal ... \$1.25  
Bacon ... \$0.30  
Sausage ... \$0.30  
Fresh Fruit ... \$0.50  
English Muffin or Bagel Sandwich ... \$2.25  
Croissant Sandwich ... \$2.75  
Hash Brown Triangle ... \$1.00/1 or \$1.50/2  
Assorted Pastries

### Grab-N-Go Options for the Week

BLT Wrap ... \$3.50  
Cranberry Cashew Salad ... \$2.00  
Veggie Pepper Jack Pinwheels ... \$2.00

### Café Hours

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