

Fall Prevention

When witnessing a fall or find someone who has fallen, always report the incident to your supervisor as soon as you are able. If in need of assistance to help the person who has fallen, call the switchboard at x1666.

More Likely To Fall If:

- 85 years old or older
- Patient uses assistive devices – includes but not limited to:
 - Crutches
 - Walkers
 - Canes
 - Splints
- Appears confused, dizzy, or has a lower level of consciousness
- If you know they have a history of falling
- Hands are full and they appear unstable

Ways to Help Prevent Falls:

- Assist patient to their direct location
- “Pass the Baton” – communicate patients at risk at handoff to healthcare professional to assist the patient once you have reached their location
- Keep environmental clutter at a minimum
- Contact a hospital staff member if in need of assistance for any of the following factors that you notice or someone reports to you
 - Equipment or cords within pathways
 - A spill or wet floor
 - Ice in the parking lot that may need salting
- Keep room lighting adequate
- Ensure assistive devices are within reach of the patient